





Spring School Programme

"Learning, emotion and pace of study.

Rethinking learning in higher education along with psychological constructs"

Location: Online

Date: 04-May-2021 - 07-May-2021

Facilitator: University of Ioannina









Tuesday 04/05/21

| Time | Type of Activity | Title | Instructor / Facilitator | | |
|-------------------------------------|---|--|--|--|--|
| 9 ³⁰ – 9 ⁴⁵ | Welcome by the Rector | | | | |
| 9 ⁴⁵ - 10 ⁰⁰ | Programme Presentation & Consortium | | Pavlos Christodoulides, PhD, Researcher, Department of Speech & Therapy, University of Ioannina | | |
| 10 ⁰⁰ - 10 ¹⁵ | Break | | | | |
| 10 ¹⁵ - 10 ⁴⁵ | Lecture | The ideas underlying the PAS: Theoretical Issues and Contribution* | Prof. Evangelia Karagiannopoulou, Department of Psychology, Dean of the School of Social Sciences, University of Ioannina | | |
| 10 ⁴⁵ - 11 ¹⁵ | Presentation | Research work | Christos Rentzios, PhD candidate, Department of Psychology, University of Ioannina | | |
| 11 ¹⁵ - 11 ³⁰ | Break | | | | |
| 11 ³⁰ - 12 ³⁰ | Workshop - Group Work: Part 1 | Studying the idea of Healthy Universities** | Participants in groups of 5 will study a given article and share personal perspectives and experiences based on the main concepts of the article | | |
| 12 ³⁰ - 12 ⁴⁵ | Break | | | | |
| 12 ⁴⁵ - 13 ⁴⁵ | Group Work: Part 2 | Presentation & Discussion | Each group will give a 10-min. oral presentation of their ideas and thoughts to the whole "school" | | |
| 13 ⁴⁵ – 14 ¹⁵ | Summary – Synopsis | | | | |
| 14 ¹⁵ - 15 ⁰⁰ | Completion of the Platform Participants will have to fill in the platform questions | | | | |

*Background Reading: Lecture

-Karagiannopoulou, E., Milienos, F. S., Kamtsios, S., & Rentzios, C. (2019). Do defence styles and approaches to learning 'fit together' in students' profiles? Differences between years of study. *Educational Psychology*, 40(5), 570–591. https://doi.org/10.1080/01443410.2019.1600661

- Karagiannopoulou, E., Milienos, F. S., & Rentzios, C. (2020). Grouping learning approaches and emotional factors to predict students' academic progress. *International Journal of School & Educational Psychology*, 1–18. https://doi.org/10.1080/21683603.2020.1832941

**Required Reading: Workshop

- Dooris, M., Doherty, S. and Orme, J. (2017). The application of salutogenesis in universities. In M. Mittlemark, S. Sagy, M. Eriksson, G. F. Bauer, J. M. Pelikan, B. Lindström, G. A. Espnes (Eds). *The Handbook of Salutogenesis* (Cham, Switzerland, Springer International Publishing), 237–245.

Wednesday 05/05/21

| Time | Type of Activity | Title | Instructor / Facilitator |
|-------------------------------------|---|---|--|
| 9 ³⁰ - 10 ⁰⁰ | Interactive Feedback (Through interactive software students will be able to reflect on previous days' activities) | | |
| 10 ⁰⁰ - 10 ¹⁵ | Break | | |
| 10 ¹⁵ - 11 ³⁰ | Lecture | Understanding Learning Patterns in | Prof. Vincent Donche & Prof. David Gijbels, Faculty |
| 10 *- 11** | | the Transition to Higher Education* | of Social Sciences, University of Antwerp |
| 11 ³⁰ - 11 ⁴⁵ | Break | | |
| | Workshop - Group Work: Part 1 | Studying the idea of fostering Learning | Participants in groups of 5 will study a given article |
| 11 ⁴⁵ – 12 ⁴⁵ | | Pattern Development through | and share personal perspectives based on the main |
| | | feedback initiatives on micro level** | insights of the article |
| 12 ⁴⁵ - 13 ⁰⁰ | Break | | |
| 13 ⁰⁰ – 13 ³⁰ | Group work: Part 2 | Presentation & Discussion | |
| 13 ³⁰ - 14 ⁰⁰ | Summary - Synopsis | | |

*Background Reading: Lecture

- Vermunt, J. D., & Donche, V. (2017). A learning patterns perspective on student learning in higher education: state of the art and moving forward. *Educational Psychology Review*, 29(2), 269–299. https://doi.org/10.1007/s10648-017-9414-6
- Vanthournout, G. Gijbels, D., Coertjens, L., Donche, V., & Van Petegem, P. (2012). Students' Persistence and Academic Success in a First-Year Professional Bachelor Program: The Influence of Students' Learning Strategies and Academic Motivation. *Education Research International*, vol. 2012, Article ID 152747, 10 pages, 2012. https://doi.org/10.1155/2012/152747

**Required Reading: Workshop

- Donche, V., Coertjens, L., Vanthournout, G., & Van Petegem, P. (2012). Providing constructive feedback on learning patterns: an individual learner's perspective. *Reflecting Education*, 8(1), 114–131. http://www.reflectingeducation.net/index.php/reflecting/article/view/109/114

Thursday 06/05/21

| Time | Type of Activity | Title | Instructor / Facilitator | | |
|-------------------------------------|---|---|---|--|--|
| 9 ³⁰ - 10 ⁰⁰ | Interactive Feedback (Through interactive software students will be able to reflect on previous days' activities) | | | | |
| 10 ⁰⁰ - 10 ³⁰ | Lecture | How student and teacher relationship influences student's motivation* | Assistant Prof. Claudio Longobardi, Department of Psychology, University of Turin | | |
| 10 ³⁰ - 11 ⁰⁰ | Lecture | Students' perceptions regarding teaching effectiveness in Higher Education | Sofia Mastrokoukou, Researcher, Phd , Department of Sociology, University of Milano Bicocca | | |
| 11 ⁰⁰ - 11 ¹⁵ | Discussion Q & As | | | | |
| 11 ¹⁵ - 11 ⁴⁵ | Break | | | | |
| 11 ⁴⁵ - 12 ⁴⁵ | Workshop - Group Work: Part 1 | Research in Higher Education in Italian context** | Presentation of two working papers by the research team of the University of Turin (Shanyan Lin and Martina Berchiatti); then participants will share personal perspectives based on the main insights of the papers | | |
| 13 ⁰⁰ - 14 ⁰⁰ | Group work: Part 2 | Participants will be divided in groups of 5 and will have to: - work on possible insights for future research - identify the educational implications - write down the practices and policies of the presented lectures and working papers | | | |
| 13 ⁴⁵ - 14 ⁰⁰ | Summary - Synopsis | | | | |

*Background Reading: Lecture

- Beausaert, S. A., Segers, M. S. R., & Wiltink, D. P. (2013). The influence of teachers' teaching approaches on students' learning approaches: The student perspective. *Educational Research*, *55*(1), 1-15.
- Hagenauer, G., & Volet, S. E. (2014). Teacher–student relationship at university: an important yet under-researched field. *Oxford Review of Education, 40*(3), 370-388.
- Longobardi, C., Prino, L. E., Marengo, D., & Settanni, M. (2016). Student-teacher relationships as a protective factor for school adjustment during the transition from middle to high school. *Frontiers in psychology, 7, 1-9*.

**Required Reading: Workshop

- Owens, M., Stevenson, J., Hadwin, J. A., & Norgate, R. (2012). Anxiety and depression in academic performance: An exploration of the mediating factors of worry and working memory. *School Psychology International*, *33*(4), 433-449.
- Van Dinther, M., Dochy, F., & Segers, M. (2011). Factors affecting students' self-efficacy in higher education. *Educational research review*, *6*(2), 95-108.

Friday 07/05/21

| Time | Type of Activity | Title | Instructor / Facilitator | |
|-------------------------------------|---|---|--|--|
| 9 ³⁰ - 10 ⁰⁰ | Interactive Feedback (Through interactive software students will be able to reflect on previous days' activities) | | | |
| 10 ⁰⁰ - 10 ⁴⁵ | Platform - Discussion | Reflections on the feedback | Participants will share their thoughts whether the received profile corresponds to their self-perspective | |
| 10 ⁴⁵ - 11 ⁰⁰ | Break | | | |
| 11 ⁰⁰ - 11 ⁴⁵ | Lecture | Platform Demonstration (extraction of clusters) | Assistant Prof. Fotios Milienos, Department of Sociology, Panteion University of Social and Political Sciences | |
| 11 ⁴⁵ - 12 ⁰⁰ | Break | | | |
| 12 ⁰⁰ - 12 ¹⁵ | Evaluation: Part 1 Completion of the Evaluation Sheet | | | |
| 12 ¹⁵ - 13 ³⁰ | Evaluation: Part 2 | Discussion | Participants and Organizers will work together on evaluating the whole experience of the Spring School | |
| 13 ³⁰ - 14 ⁰⁰ | Closing | | Prof. Evangelia Karagiannopoulou, Dean of the School of Social Sciences | |